

## **TITLE: How to conduct research: from writing an academic article to securing grants**

### **Course overview:**

Are you ready to take your research to the next level by getting published and securing funding for your project? This interactive course is designed for (early career) professionals who want to master the art of writing a high-quality academic article and successfully obtaining research funding.

This course will focus on:

- **Writing an academic article:** Learn how to structure a well-organised, compelling article that meets academic standards, attracts attention, and passes peer review. Will cover how to build a strong argument, cite sources effectively, and navigate the publication process with confidence.
- **Securing funding for your research:** Discover strategies to obtain research funding. Explore various funding opportunities from the US, UK, and Europe, and learn the key steps in creating successful grant applications. Gain insights of the funding landscape in different regions.

### **What you will gain:**

- **Expert guidance:** Led by Dr. Juan Gallego and Dr. Mariana Pinto da Costa
- **Actionable skills:** Learn how to write with clarity and precision, create a publishable manuscript, and prepare and navigate the grant application processes.
- **Real-world insights:** Get insider tips on what academic journals and funding agencies are looking for and how to maximise your chances of success.

**Duration:** 3 hours (1.5 hours per session, with a 30-minute break)

**Why Attend?** Whether you are an early-career (professional) or looking to boost your academic portfolio, this course offers essential tools to enhance your research career. You will leave with more confidence to publish and secure funding, setting you on the path to research success.

### **Methodology:**

Power point presentation, interactive discussion, group exercises

### **Audience:**

Medical students, psychiatry trainees, graduate students, early career professionals

**Faculty:**Mariana Pinto da Costa, MD, PhD

Dr. Mariana Pinto da Costa is a Senior Lecturer at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London and a Consultant Psychiatrist at South London and Maudsley NHS Foundation Trust. She is an Invited Professor at the Institute of Biomedical Sciences Abel Salazar at the University Porto.

She is the Chair of the Section of Early Career Psychiatrists and the Secretary of the Section on Education at the World Psychiatric Association. She is Chair of the Section of Public Mental Health at the European Psychiatric Association and member of the Committee on Ethical Issues. She is the Academic Lead of the Digital Psychiatry Special Interest Group at the Royal College of Psychiatrists.

She is a member of the London Advisory Committee of the National Institute for Health Research (NIHR) RfPB, and is part of the Editorial Board of the British Journal of Psychiatry, Psychiatric Services and Plos One.

Juan A. Gallego, MD, MS

Dr. Gallego is an assistant professor of psychiatry at the Zucker School of Medicine at Hofstra/Northwell and the current Director of the Early Phase Schizophrenia Biomarker Laboratory at The Zucker Hillside Hospital. His research interests include cerebrospinal fluid biomarkers of schizophrenia and treatment strategies in first episode psychosis. Dr. Gallego has received grant funding from the Brain and Behavior Foundation and the National Institute of Health. He is the immediate past president of the American Society of Hispanic Psychiatry (ASHP) and the PI of the Critical Research Issues in Latinx Mental Health (R13MH132238) meeting, an annual national meeting dedicated to the training and mentoring of early career Latinx/Hispanic investigators.