

WPA CME Course

“WPA’s TELEPSYCHIATRY GLOBAL GUIDELINES : COMPETENCIES AND CHALLENGES”

Description: Telepsychiatry (TP) is the best documented Digital Mental Health application. It refers to the use of videoconferencing in provision of mental health services at a distance.

This course is based on ”WPA Telepsychiatry Global Guidelines” published in February 2020. It is designed to help participants build knowledge about the basics of remote assessment and/or treatment to meet the requirements of core competencies related to TP. The course will provide participants with skills necessary to use TP in daily practice.

Prerequisite knowledge required from participants to attend the course:

(No) experience in videoconferencing. Reading the suggested articles.

Outline:

Part 1.

1. Historical review of TP
2. Patients’ and professionals’ attitudes toward TP
3. TP impact on therapeutic relationship
4. TP evidence and practice

Part 2.

1. How to set up a standardized TP service (equipment, the room, development of a protocol, ethical considerations; specific populations and settings i.e. clinically supervised vs unsupervised settings; primary care settings; in- and outpatient facilities etc).
2. Advantages and disadvantages of home-based and institution-based TP.
3. Cultural, geographic and international themes.

Part 3.

1. DO’s and DONT’s related to remote consultations:
 - Pre-session preparation and “framing”.
 - Legal and regulatory issues: informed consent, privacy, and confidentiality.
 - Getting started with patients: adjusting personal and professional styles
 - During and after the TP session

Course director : Davor Mucić

Experience / expertise in the related field

Davor Mucić (DM) is a psychiatrist with over 20 years of experience in the application of TP in daily clinical practice. DM is founder and former chair of Telemental Health Section within EPA and a current chair of the Section on Informatics within WPA. DM is the main author of the WPA's "Telepsychiatry Global Guidelines".

Suggested reading:

1. WPA Telepsychiatry Global Guidelines, 2021. Available at: https://3ba346de-fde6-473f-b1da536498661f9c.filesusr.com/ugd/e172f3_19ce700c2a1f484b98efdcaf02c3c6ff.pdf
2. Hilty DM, Chan S, Torous J, et al. A framework for competencies for the use of mobile technologies in psychiatry and medicine. *JMIR Uhealth Mob Health* 2020; 8(2). Available at: <http://mhealth.jmir.org/2020/2/e12229/>.
3. Shore J.H. , Yellowlees P, Caudill, R. et al. Best Practices in Videoconferencing-Based Telemental Health April 2018 . *Telemedicine and e-Health* , Vol. 24, No. 11., 2018. Available at: <https://www.liebertpub.com/doi/full/10.1089/tmj.2018.0237>
4. Mucic D. Transcultural telepsychiatry and its impact on patient satisfaction". *Journal of Telemedicine and Telecare* 2010; 16: 237–242. Available at: <https://davormucic.com/academic-papers/>
5. Mucic D. International Telepsychiatry, patient acceptability study". *Journal of Telemedicine and Telecare*. 14:241-243, 2008. Available at: <https://davormucic.com/academic-papers/>
6. Mucic D. Training in Telepsychiatry. *In: Edmond H. Pi, Tan Chay Hoon and Marc H.M. Hermans (Eds). Mental Health and Illness Worldwide. Education about Mental Health and Illness , Springer publisher, 2018. Available at: Training in Telepsychiatry*
7. D. Mucic, J. H. Shore, D. M. Hilty, K. Krysta, M. Krzystanek. Lessons Learned or Forgotten? Impacts of COVID-19 on the Future Direction of Global (e-)Mental Health Care. *Current Psychiatry Reports* (2021) 23: 86. Available at: [Lessons Learned or Forgotten? Impacts of COVID-19 on the Future Direction of Global \(e-\)Mental Health Care](https://doi.org/10.1007/s11910-021-01000-0)