

## **WPA COURSE PROPOSAL**

### **DIGITALISATION IN DAILY CLINICAL WORK - A World Perspective -**

**Vienna, Austria  
28. September 2023**

**23<sup>rd</sup> WPA World Congress of Psychiatry  
28. September – 1. October 2023**

#### **Course Director:**

Prof. Wolfgang Gaebel (Düsseldorf, Germany)

#### **Course Co-Directors:**

Prof. Umberto Volpe (Ancona, Italy)

Prof. Rodrigo Ramalho (Auckland, New Zealand)

#### **Faculty:**

Prof. Wolfgang Gaebel

Prof. Umberto Volpe

Prof. Rodrigo Ramalho

### **Course Description**

This live course – organized by the *WPA Action Plan Work Group on Digitalisation in Mental Health and Care* -, will provide an overview of key topics of digitalisation in psychiatry focusing on *daily clinical work conditions*. Among the *spectrum of digital psychiatry* and its use cases, a major focus will be on the practical aspects of implementing and running *telepsychiatry*. The course will be highly relevant to learn *for whom, where, when, and how* to extend *mental health per distance* by digital means, providing availability, accessibility, and equitability of evidence-based diagnostics, treatment, and care in a context of *cultural safety*.

Specific questions and answers, arising from ethical, data and *cultural safety issues*, the relationship of mental health issues with *stigma and discrimination*, and the distribution and health care integration of digitalisation across countries and different world regions may also be covered in the *General Discussion* by results of an ongoing *global survey* among the WPA member societies run by the *WPA Action Plan Work Group*.

The course is open to fully qualified specialists in psychiatry, those in their early career, psychologists, as well as other qualified members of the mental health workforce.

The course faculty are globally renowned *experts in the field* working on the need and options for a worldwide *digitally supported transformation of mental health and care systems* under *practical daily routine conditions*.

### **Course Session**

Thursday, 28 September 2023, 08:30am-10:00am CET

### **Course Programme**

#### **08:30 - 08:45**

Digitalisation in Clinical Practice – A Brief Overview  
Wolfgang Gaebel, Germany

#### **08:45 - 09:15**

Implementing Telemental Health in Daily Clinical Work  
Umberto Volpe, Italy

#### **09:15 – 9:45**

Cultural Safety in Telepsychiatry: Considering Facilitators and Barriers  
Rodrigo Ramalho, New Zealand

#### **9:45 - 10:00 General discussion**

## **Methods and materials**

Presentations, PP slides, interactive discussions, general discussion, recommended readings.

## **Educational intentions**

### **After the course the participants will be knowledgeable about ...**

- ... key topics, digital tools and programs in psychiatry;
- ... practical aspects of implementing and running telepsychiatry;
- ... applying digital tools in daily clinical work.

## **Prerequisite knowledge**

Participants should professionally be familiar in working with patients with mental disorders according to ICD-10/11 or DSM-5-TR, psychiatric including psychotherapeutic options in treatment and care, and should be interested in the integration of digital tools and programs in their daily clinical practice. They should be either fully specialized or early career psychiatrists, clinical psychologists or psychological psychotherapists with professional experience in different mental healthcare settings.

## **List of recommended readings**

Stuart H, Sartorius N (2022) Paradigms lost, paradigms found. Oxford University Press, New York, London

Bhugra D, Tasman A, Pathare S, et al. The WPA-Lancet Psychiatry Commission on the Future of Psychiatry. *Lancet Psychiatry* 2017;4:775-818

Torous J, Bucci S, Bell IH, et al. The growing field of digital psychiatry: current evidence and the future of apps, social media, chatbots, and virtual reality. *World Psychiatry* 2021;20:318-335 DOI:10.1002/wps.20883

Yellowlees P, Shore JH (eds) Telepsychiatry and health Technologies. A Guide for Mental Health Professionals. American Psychiatric Association Publishing, 2018. ISBN 9781615370856

Gaebel W, Trost N, Diekmann S, et al. Transnational Policy for e-Mental Health: A guidance document for European policymakers and stakeholders. Interreg North-West Europe, 2020.

<https://www.nweurope.eu/projects/project-search/e-mental-health-innovation-and-transnational-implementation-platform-north-west-europe-emen/news-blogs/transnational-policy-for-e-mental-health-a-guidance-document-for-european-policymakers-and-stakeholders/>

Orsolini L, Jatchavala C, Noor IM, Ransing R, Satake Y, Shoib S, Shah B, Ullah I, Volpe U. (2021) Training and education in digital psychiatry: A perspective from Asia-Pacific region. *Asia Pac Psychiatry*, 13(4):e12501. doi: 10.1111/appy.12501.

Ruiz-Cosignani, D., Chen, Y., Cheung, G., Lawrence, M., Lyndon, M. P., Ma'u, E., & Ramalho, R. (2022). Adaptation models, barriers, and facilitators for cultural safety in telepsychiatry: A systematic scoping review. *Journal of Telemedicine and Telecare*, 1357633X211069664.

Rahman, J., Cheung, G., Lyndon, M. P., Lawrence, M., Ma'u, E., Chen, Y., & Ramalho, R. (2022). Prioritising a culturally safe e-Mental Health research agenda in Aotearoa New Zealand: A sector survey report. *Australasian Psychiatry*, 30(5), 619-623.