

Workplace Mental Health: Changing the Culture

The course will describe the latest global workplace mental health trends and strategies that employers are utilizing to increase employee engagement and access to mental health care. The course will specifically explain a workplace mental health awareness initiative in the U.S called Notice, Talk, Act at Work (NTA).

NTA provides managers and all employees with tools to recognize mental health problems among colleagues, how to respond appropriately, and how to link to services. The training is available in 10 languages and is a 45 minute eLearning class. The course will showcase the actual content. It is especially valuable for global companies as employees in different companies have access to the same tools.